

Do not let any unwholesome talk  
come out of your mouths,  
but only what is helpful for  
building others up according to  
their needs,  
that it may benefit those who  
listen. Ephesians 4:29

Whoever gives heed to  
instruction prospers;  
And blessed is she who trusts  
in the Lord.  
Proverbs 16:20

Trust in the Lord with all  
your heart.  
**Lean not on your  
own understanding.**  
Proverbs 3:5

Whatever your hand finds  
to do,  
do it with all your might.  
Ecclesiastes 9:10

**This is the day that the  
Lord has made, let us  
rejoice and be glad in it!  
Psalm 118:24**

make it your ambition to  
lead a quiet life,  
to mind your own business,  
and to work with your  
hands, just as we told you.

1 thessalonians 4:11

God is our refuge and strength,  
an ever present help in trouble.

Therefore we will not fear,  
though the earth give way  
and the mountains fall to the  
heart of the sea.

Psalm Forty Six, Verses One and Two