

✿ Daily Schedule for _____ ✿

<u>Time</u>	<u>Activity</u>
	Pise and shinel
	<u>Breakfast:</u>
	_____ :
	_____ :
	<u>Morning snack:</u>
	_____ :
	_____ :
	<u>Lunch:</u>
	_____ :
	<u>Afternoon snack:</u>
	_____ :
	_____ :
	<u>Dinner:</u>
	<u>Bedtime:</u>
<u>Notes:</u>	